



Propel Yourself Now

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Resume Writing and Career Coaching Services

www.PropelYourselfNow.com

Career Feedback and Job Search Coaching

One-Hour Coaching Calls: designed for current or past resume-writing clients.

Mental and Emotional Check

A "**mental and emotional check**" is an opportunity to reconnect with past clients to assess how they're feeling about their current career path and job search journey. It goes beyond professional milestones to explore their confidence, motivation, and emotional well-being.

Recap Previous Goals

"**Recapping previous goals**" is a powerful way to help past clients reflect on their career journey and evaluate their progress. This process involves revisiting the objectives they initially set, celebrating the milestones they've achieved, and identifying areas where adjustments might be needed. It provides an opportunity to align their aspirations with current market trends and personal priorities, ensuring their efforts remain focused and effective.

Discuss Completed Tasks

"**Discussing completed tasks**" with past clients is a valuable way to highlight their progress and build momentum in their career journey. This step involves reviewing the actionable steps they've taken, such as refining their resume, applying for jobs, networking, or honing their interview skills.

Review Job Applications

"**Reviewing job applications**" with past clients is an essential step in refining their job search strategy and increasing their chances of success. This process involves analyzing the roles they've applied for, evaluating how well their skills and experience align with the job descriptions, and ensuring their applications effectively showcase their qualifications.

Provide Networking Efforts

"**Providing networking efforts**" to past clients is a game-changing strategy for advancing their job search and career growth. This involves guiding clients to tap into their professional and personal networks, identify key connections, and develop a targeted outreach plan.

Explore Obstacles

"**Exploring obstacles**" with past clients is a vital step in uncovering challenges that may be hindering their job search or career progress. This process involves identifying internal and external barriers, such as skill gaps, lack of confidence, or ineffective strategies, and addressing them with actionable solutions.

Provide Guidance/Solutions

"**Providing guidance and solutions**" for past clients is about offering actionable strategies to help them navigate their job search and career growth with confidence. This process involves assessing their current approach, identifying areas for improvement, and delivering personalized recommendations tailored to their goals.

Plan Next Steps

"**Planning next steps**" is a crucial part of helping past clients maintain momentum and stay on track in their job search and career development. This process involves setting clear, actionable goals based on their progress, challenges, and aspirations.

INVESTMENT: \$85 per hour/per call

Career Feedback and Job Search Coaching Calls are designed to provide ongoing support and accountability, tailored to each client's unique needs and timeline. These sessions can be one-time check-ins for targeted guidance, weekly or bi-weekly calls for continuous momentum, or monthly sessions to track long-term progress.

Whether clients need structured, regular check-ins or flexible, as-needed support, these calls are available until they land a job or feel fully confident in their job search strategy. The goal is to provide the right level of support at the right time, ensuring clients stay motivated, focused, and on the path to career success.

You can send your payment through PayPal to this email: elizabeth@PropelYourselfNow.com

Once I have your payment, I will email you within 24 hours to schedule a call.

Contact Me

Email me directly or text **810-295-1639** if you have any questions.